

Alternatives to Scruffing

- Talk to the cat quiet quietly
- Consider covering the head
- Let the cat hide in a box or bottom half of the carrier
- Stroke the pheromone spots to soothe (cheeks, chin, forehead)
- Use sedation if the cat is escalating
- Destress the area
 - Quiet area without dogs barking
 - Use pheromone spray
 - Avoid harsh chemical smells
 - Dim lighting
 - Soft warm (not hot) blankets on the table (cats like warmth)

Facebook: <http://facebook.com/VetTeamTraining>

Website: <http://www.vetteamtraining.com>

Check out my book on Amazon: [“Oops, I Became a Manager”](#)



Use Blankets

- Kitty Burrito Step by Step:
 - [Handout on Kitty Towl Wrap](#)
- Sophia Yin (the queen of low stress handling) Towel Wrap Techniques:
 - [Sophia Yin Many Use of a Blanket](#)
 - [Sophia Yin Buritto Wrap](#)