

# No-Scruff Resources

**Fear Free:** Learn more about ways to decrease the fear and aggression in your veterinary patients:

<https://fearfreepets.com/>

**Vet Times UK Article:**

<https://www.vettimes.co.uk/to-scruff-or-not-to-scruff-do-we-handle-cats-well/>

**Studies:**

Getting a grip: cats respond negatively to scruffing and clips: <https://pubmed.ncbi.nlm.nih.gov/31586939>

Owner Perspectives of Cat Handling Techniques Used in the Veterinary Clinic: <https://pubmed.ncbi.nlm.nih.gov/35188008>

The efficacy of pinch-induced behavioral inhibition (clip restraint) in domestic cats (*Felis catus*) declines with age

<https://www.sciencedirect.com/science/article/abs/pii/S1558787821001672>

**Alternatives to Scruffing**

Handout: [https://www.vetteamtraining.com/\\_files/ugd/13319d\\_62efde45f94e47faa43e605bf2933043.pdf](https://www.vetteamtraining.com/_files/ugd/13319d_62efde45f94e47faa43e605bf2933043.pdf)